

# T-ACE Screening Tool

T-ACE is a measurement tool of four questions that are significant identifiers of risk drinking (i.e., alcohol intake sufficient to potentially damage the embryo/fetus).

The T-ACE is completed at intake. The T-ACE score has a range of 0-5. The value of each answer to the four questions is totaled to determine the final T-ACE score.

**Note:**

- 1 Drink
- = 12 oz beer
- = 12 oz cooler
- = 5 oz wine
- = 1 mixed drink (1.5 oz. hard liquor)

Binge (drinking) = consuming 5 or more alcoholic drinks on an occasion

**A total score of 2 or greater indicates potential risk for the purposes of Pregnancy Outreach Program identification of prenatal risk.**

1. How many drinks does it take to make you feel high? 0. less than or equal to 2 drinks 1. more than 2 drinks	<b><u>T</u>olerance</b>
2. Have people annoyed you by criticizing your drinking? 0. No 1. Yes	<b><u>A</u>nnoyance</b>
3. Have you felt you ought to cut down on your drinking? 0. No 1. Yes	<b><u>C</u>ut Down</b>
4. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover? 0. No 1. Yes	<b><u>E</u>ye Opener</b>
<b>Total Score = _____</b>	

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*Sokol, Robert J., "Finding the Risk Drinker in Your Clinical Practice" in G. Robinson and R. Armstrong (eds), Alcohol and Child/Family Health: Proceedings of a Conference with Particular Reference to the Prevention of Alcohol-Related Birth Defects. Vancouver, BC., December, 1988.*